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322 Industrial Court, Concord, NC 28025

## TECHNICAL DATA SHEET



### EXTREME FS575

6' Stretch Shock Lanyard w/ Rebar Hook



<b>Features and Benefits</b>	Fall arrest lanyard with one rebar hook (connects to anchor point) and one snap hook (connects to harness D-ring)
<b>Length</b>	4 ft (1.23 m) to 6 ft (1.83 m) maneuverability
<b>Weight</b>	3.25 lbs (1.47 kg)
<b>Weight Capacity</b>	310 lbs (140.61 kg)
<b>Attachment Point(s)</b>	1 Snap hook - 1 Rebar hook
<b>Materials</b>	1 in (25.4 mm) Polyester webbing 0.28 in (7.11 mm) Elastic cord Polyester stitching grade 10 Shock absorber Forged steel snap hook and rebar hook: 3,600 lbs Gate-rated; Min breaking strength > 5,000 lbs
<b>Applicable Standards</b>	Meets OSHA 1926-502 - ANSI Z359.13-2009 - ANSI A10.32 2012