



fspusafallprotection.com | (P) 704-262-7893 | (F) 704-262-9051
322 Industrial Court, Concord, NC 28025

TECHNICAL DATA SHEET



EXTREME FS560

6' Shock Lanyard w/ Double-Locking
Snap Hooks



Features and Benefits	Fall arrest lanyard with two snap hooks. Hook with shock pack attaches to harness D-ring, other end attaches to anchor point.
Length	6 feet (1.83 m)
Weight	2.5 lbs (1.13 kg)
Weight Capacity	310 lbs (140.61 kg)
Attachment Point(s)	2 snap hooks
Materials	1 in (25.4 mm) Polyester webbing Polyester stitching grade 10 Shock absorber Forged steel snap hooks: 3,600 lbs Gate-rated; Min breaking strength > 5,000 lbs
Applicable Standards	Meets OSHA 1926-502 - ANSI Z359.13-2009 - ANSI A10.32 2012