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## FSP FS560-SE-AJ

Adjustable Shock Lanyard w/ Cinching Loop

## TECHNICAL DATA SHEET



<b>Features and Benefits</b>	Fall arrest lanyard with one snap hook (attaches to anchor point) and one "soft-eye" loop (attaches to harness)
<b>Length</b>	Adjustable from 4 ft (1.23 m) to 6 ft (1.83 m)
<b>Weight</b>	2.15 lbs (0.98 kg)
<b>Weight Capacity</b>	310 lbs (140.16 kg)
<b>Attachment Point(s)</b>	1 Double action safety hook - 1 Soft-eye cinch loop
<b>Materials</b>	1 in (25.4 mm) Polyester webbing Polyester stitching grade 10 Shock absorber Forged steel snap hook: 3,600 lbs Gate-rated; Min breaking strength > 5,000 lbs
<b>Applicable Standards</b>	Meets OSHA 1926-502 - ANSI Z359.13-2009 - ANSI A10.32 2012