



[fspusafallprotection.com](http://fspusafallprotection.com) | (P) 704-262-7893 | (F) 704-262-9051  
322 Industrial Court, Concord, NC 28025

## TECHNICAL DATA SHEET



### EXTREME FS456

Dual-Leg Tie-Back Shock Lanyard  
w/ Adjustable Ring



<b>Features and Benefits</b>	Fall arrest lanyard with three snap hooks. Hook with shock pack attaches to harness D-ring. Other two ends wrap around anchor points and attach back to lanyard via tie-back rings.
<b>Length</b>	6 ft (1.83 m)
<b>Weight</b>	4.4 lbs (1.99 kg)
<b>Weight Capacity</b>	310 lbs (140.61 kg)
<b>Attachment Point(s)</b>	3 double-action snap hooks
<b>Materials</b>	1 in (25.4 mm) Polyester webbing Polyester stitching grade 10 Shock absorber Forged steel snap hooks: 3,600 lbs Gate-rated; Min breaking strength > 5,000 lbs
<b>Applicable Standards</b>	Meets OSHA 1926-502 - ANSI Z359.13-2009 - ANSI A10.32 2012